



A
brief guide
TO COSMETIC
AND PLASTIC
SURGERY

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Look good! Feel good!

The Centre of Cosmetic and Plastic Surgery offers a range of cosmetic surgical and non-surgical procedures to improve your appearance

Making you look good will make you feel good about yourself, increase your confidence and improve your self-esteem

Find out more about our procedures by visiting makeovercentre.com.au or call us at the Centre on **1800 819 400**

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If your facial features are not in proportion or not harmonious, or you look tired and older than you feel, you may wish to consider cosmetic plastic surgery

At the Centre, we offer a range of procedures, which can modify the size and shape of your facial features and reverse the visible effects of ageing to improve your appearance

To explore your procedural options and to create a plan for an optimal cosmetic result, our advanced computer imaging techniques will show you a preview of the possible outcome

The following pages contain a brief introduction to some of the facial procedures available at the Centre



Nose Reshaping Procedures

- reduce the size
- improve the tip
- remove a bump
- narrow the width
- improve the angle between the nose and the upper lip

The results can be dramatic; or a smaller change can be achieved, without attracting a great deal of attention

With these procedures there are no visible scars

Free Computer Imaging

At the Centre we offer free computer imaging of your potential surgical results

This is a great tool to assist you and your surgeon to explore your options for cosmetic surgery

Cosmetic face procedures include

Eyelid Surgery

Open up your eyes and reduce the bulges in your lids

Cheek Augmentation

Add definition to your cheek bones

Chin Augmentation

Give yourself a stronger chin

Jaw Surgery

For a more defined, squarer jaw

Lip Procedures

Have fuller lips

Browlift

Create a better shape for your brow

Facelift

Make yourself look years younger

Necklift

Get rid of that double chin

Ear Surgery

Pin back ears that stick out



breast procedures

Your breasts may be

- too small
- too big
- too heavy
- losing their shape
- changing after childbirth

At the Centre, we have developed special techniques to address these problems while ensuring maximum safety, comfort and the most cosmetically pleasing results

Breast Enlargement

Increase the size or enhance the shape of your breasts through advanced techniques with virtually no visible scars



breast procedures



Breast Lift

Reshape, rejuvenate, firm and lift your breasts
A popular procedure after pregnancy

Breast Reduction

Reduce the size of your breasts to improve comfort
or appearance

To find out more about breast procedures
visit makeovercentre.com.au
or call the Centre on 1800 819 400

Liposculpture (Liposuction)

No matter how much dieting or how many kilometres, sit-ups, weights, or laps you do, certain areas of fat always seem to remain

For both men and women, liposculpture can be a dream come true as it removes the fat from those areas that exercise and dieting just don't reach

- lose the saddlebags
- make your legs and hips thinner
- flatten and firm your stomach
- lose your double chin



Tummy Tuck

Everyone wants a flat, even, firm tummy and a thin waistline

A tummy tuck or abdominoplasty can help

If pregnancy or significant weight change has left you with a less than desirable stomach, then this might be the procedure for you

- remove the excess skin
- tighten the underlying muscles
- improve your figure



skin rejuvenation procedures

Good skin makes you look young and fresh

The Centre offers a wide range of effective medical treatments available to rejuvenate the appearance of your skin and diminish wrinkles

Skin Rejuvenation

The following non-surgical techniques remove the superficial layers of skin encouraging a more youthful surface

- chemical peels
- dermabrasion
- laser/photo rejuvenation

Anti-wrinkle Treatments

At the Centre we use a range of treatments including filling compounds to smooth the appearance of wrinkles

Muscle relaxant injection treatments are highly effective and very popular



other procedures

At the Centre we provide a range of other cosmetic and health services

Hair Removal

Latest technology medical solutions for permanent hair reduction

Weight Loss Programs from the 'Body Metabolism Institute'

Latest personalised medical programs for improved nutrition and weight loss

To find out more about other procedures visit makeovercentre.com.au or call the Centre on 1800 819 400

Our Surgical Facility

The Centre's modern and sophisticated Surgical Facility has achieved ISO9000/2001 accreditation; internationally recognised as the foremost standard of excellence and quality

With all consulting and surgical facilities on site, we offer great convenience in the one private location

Our Anaesthetists

Our Anaesthetists are qualified members of the Australian and New Zealand College of Anaesthetists

They use the latest techniques to ensure minimum down-time and a comfortable recovery

Our Support Staff

Our friendly support staff are always available to tend to your needs and discuss the latest information regarding treatments, products and techniques

Plastic surgery costs less than you may think

After years of being perceived as something only for the rich and famous, breakthroughs in medicine and plastic surgery have made it affordable for just about everyone

In addition, some procedures may attract medical insurance rebates

Monthly Payment Plans

At the Centre we can arrange flexible options for financing, including monthly payment plans

These options make cosmetic procedures more affordable than ever



chief of surgery

our surgeons

Professor Gerard Sormann MBBS, FRACS

has a long and distinguished career in cosmetic and plastic surgery

- A Fellow of the Royal Australasian College of Surgeons
- A member of the Australian Society of Plastic Surgeons
- A member of the Australasian Society of Aesthetic Plastic Surgery
- A member of the Society of European Plastic Surgery Workshop
- A member of the International Federation of Hand Surgery Societies
- A committee member of the International Quadriplegic Hand Congress

He has trained and worked extensively in the USA, England, France, South America and the Asia Pacific Region

In addition, Professor Sormann is the former head of the Plastic and Reconstructive Microsurgical and Faciomaxillary Units at the Austin Hospital

He specialised in Plastic and Reconstructive Surgery at the Victorian Plastic Surgery Unit and was a lecturer at Melbourne University

The Royal Australian College of Surgeons strictly recommend that all surgery be performed only by appropriately qualified specialist surgeons

All our qualified Plastic Surgeons have undertaken the most rigorous training programs available of any doctors currently performing cosmetic surgery and are members of

- The Australian Society of Plastic Surgeons
- The Australasian Society of Aesthetic Plastic Surgery

Beware! In Australia, any doctor can practice cosmetic surgery, regardless of whether or not they have had any appropriate or advanced surgical training

Rest assured this will never happen at the Centre

To find out more about our surgeons visit makeovercentre.com.au or call the Centre on 1800 819 400